

# **Bulletin 2**

Championship
Triathlon 2019

Castelnaudary
France
03/06 - 08/06/2019



ISF WORLD SCHOOLS CHAMPIONSHIP CASTELNAUDARY AUDE FRANCE 2019

**ISF** sponsor





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# **ISF WSC Triathlon**

Even though it has a short history, triathlon is gaining a lot of interest by athletes in school sport. In Versailles in 2015, 13 countries participated on the event.

In 2019, athletes 15-18 year old will be able to participate in school or selected teams, and compete in both individual or relay races. The minimum participants in a team is 1 and the maximum 4 athletes.

The Executive Committee (EC) of the International School Sport Federation (ISF) entrusted the organisation of the 4<sup>th</sup> Triathlon World Schools Championship to Castelnaudary, France.

Year	City	Country
2013	San Juan	Puerto Rico
2015	Versailles	France
2017	Aracaju	Brazil



#### THE ORGANISING COMMITTEE

# 1. Management

Overview of Local Organising Committee

Organisation	Union Nationale du Sport Scolaire UNSS		
	Montpellier		
	Conseil Départemental AUDE		
Event Manager	Stéphane Arias sr-montpellier@unss.org +33635400738		



#### Overview of ISF Representatives

ISF Delegate	Al-Muftah Abdulrahman aalmuftah@olympic.qa
ISF Sports Manager	Francesco Fiorini francesco.fiorini@isfsports.org
Facebook	https://www.facebook.com/isfsports/
Twitter	https://twitter.com/isfsports/
Instagram	https://www.instagram.com/isfsports/
Website	http://www.isfsports.org/

#### 2. Risk Assessment

The LOC reassures all participating delegations and officials that safety issues are their first target.

The LOC guarantees a perfectly organized championship, in which all the concerned parties and stakeholders will do their utmost to deliver a safe and secured experience for all participants. If any changes occur, you will be immediately informed.

#### 3. Visa Policy

VISA requirements and documents to entreat various ports of entry (train, bus, airport) have to be checked by the individual nations. If you encounter any trouble during your journey, you can contact the LOC.

#### **PARTICIPATION**

The delegations from the following ISF Members participating in this event will be:

Boys (13): AEFE United Arab Emirates, Andorra, Belarus, Brazil, Chile, China, Chinese Taipei, Estonia, France, Germany, Hong Kong, Spain, Ukraine

Girls (14): AEFE United Arab Emirates, Andorra, Belarus, Brazil, Chile, China, Chinese Taipei, Estonia, France, French Polynesia, Germany, Hong Kong, Spain, Ukraine



#### 1. Condition for participation

Sports	Category	Gender	Year of birth	Number of athletes per category
	School	Boys	2003-2004	1-4
	School	Girls	2003-2004	1-4
	School	Boys	2001-2002	1-4
	School	Girls	2001-2002	1-4
Triathlon – Individual	Selected	Boys	2003-2004	1-4
	Selected	Girls	2003-2004	1-4
	Selected	Boys	2001-2002	1-4
	Selected	Girls	2001-2002	1-4
	School	Mixed	2003-2004	8 (2* 2 boys + 2 girls)
Triathlon – Relay	School	Mixed	2001-2002	8 (2*2 boys + 2 girls)
	Selected	Mixed	2003-2004	8 (2*2 boys + 2 girls)
	Selected	Mixed	2001-2002	8 (2*2 boys + 2 girls)

A delegation may enter a maximum of 32 participants in total. A delegation that enters only one participant can choose in which category this boy or girl starts, 'individual school' representing his or her school or 'individual selected' representing his/her country's school sport. From 2 participants it depends if these participants are from the same school (school category) or not (selected category).

To participate in the relay, it is mandatory to have participated in the individual competition. Each delegation can enter 1 or 2 relay teams in the same category, i.e. a maximum of 8 teams in total.

Members that want to participate in the relays and do not have 2 boys and 2 girls in the same category can compete in the team with triathletes from other participating delegations

or from the host country (request via bulletin 2 or 3). These teams will however not be able to win the title.



All students in the school team must have been enrolled at the same school since the beginning of the school year 2018/2019.

All students in the selected team must been enrolled at a school within the territory of the respective ISF member since the beginning of the school year 2018/2019.

# 2. Composition of the delegation

Sport	Athletes min-max	Head of delegation (+ deputy)	Coaches/ Teachers	Add adults
Triathlon	1-32	1 - 2	1 - 4 *	2

\*For the number of coaches, the following ratio will be followed:

1-8 students: 1 coach 9-16 students: 2 coaches 17-24 students: 3 coaches

More than 24 students: 4 coaches

All students must be attending schools which provide a general education.

The following are not eligible to participate:

- pupils of vocational schools who only attend that school as a complement to their vocational training;
- school teams and pupils enrolled at schools which provide sports training without any general education;
- part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports;
- teams formed as part of clubs, companies, universities or other institutions.

Coaches: the coach is the trainer dedicated to his/her team. Participating delegation are bound to have minimum one and maximum four coaches, following the ratio described above.

Head of Delegation: he/she may not combine the function of Head of Delegation and coach or another official function. He/she shall be the sole intermediary between his/her delegation and the Organising Committee, the ISF Technical Commission and the ISF Delegate.

Deputy Head of Delegation: he/she assists the function of Head of Delegation. Only delegations entering more than 4 teams may nominate a deputy Head of Delegation.

Additional adults: function must be specified: doctor, physiotherapist, interpreter, security personnel, ministry representative, journalist...



Any other additional person will not be considered part of the official delegation and will not be accredited by the LOC.

\*Any kind of modification in the delegation composition, (including additional adult numbers), must be discussed with and accepted by the Local Organizing Committee. Any extra additional person not previously accepted by the LOC will not be considered part of the official delegation and will not be accredited.

#### Participants obligations:

- Each participant is required to be present throughout the whole duration of the event.
- Each participant is obliged to take part also in all of the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme may result in the team being excluded from the results.

#### **ADMINISTRATION & FINANCE**

#### 1. Registration

Please use your ERAS credentials to access registration.

- Registration Phase 1 and 2: closed on 07<sup>th</sup> April
- Registration phase 3: *close on 24<sup>th</sup> May*

#### 2. Fees

#### a) <u>Participation fee</u>

In accordance with the rules laid down by ISF, the payment to be made to the organisers of the event amounts to 50 € per person and per night. The participation fee (per person/per night) in EURO for all participants is as follows:

Position	Fee	Type of room
Head of Delegation	50€	Single occupancy
Coaches/Teachers	50€	Double occupancy
Coach/Teacher	100€	Single occupancy
Competitors	50€	2-4 bedded room
Additional adults	50€	Double occupancy
Additional adult	100€	Single occupancy



The fee covers full board accommodation for the duration of the event. It covers the competition, cultural programme activities and all transport in connection with the official programme (arrival, departure, sports and cultural programmes).

# b) <u>ISF levy</u>

An additional ISF levy of 40 € per member in the delegation must be paid together with the balance of the participation fee.

#### c) Donation to the School Sport Foundation

The ISF School Sport Foundation intends to provide underprivileged school children with opportunities to access sports training by highly qualified PE teachers and trainers and to dispose of good quality school sport equipment and infrastructure. One of the occasions to help the Foundation is the Charity Gala Dinner in which the Heads of Delegation will be invited. An extra contribution of 50 € for taking part is requested.

A second way to raise funds for the School Sport Foundation is a free contribution that you can add to the  $40 \in ISF$  levy of the participants. You can add  $5 \in$ ,  $10 \in ISF$  per participant to the ISF levy to pay. Instead of paying  $40 \in$ , you thus pay  $45 \in$ ,  $50 \in ISF$  or  $15 \in ISF$  per participant.

#### d) Total Fee

The total sum per person amounts to

# nights		Participation fee		ISF levy		(Donation School Sport Foundation)	TOTAL (minimum)
5	x	50€	+	40€	+	(5€ or 10€ or 15€)	290€

#### 3. Balance Payment

The balance Payment can be transferred to this bank account:

Name of bank: Société Générale

Address: SG LATTES RPT DE L'EUROPE 34970 LATTES

BIC (Swift Code): SOGEFRPP

Payee: UNSS DIRECTION REGIONALE

IBAN: FR76 3000 3016 1800 0372 7238 897 Reference: 30003 01618 00037272388 97

The balance is to be paid on arrival or in advance by bank transfer.

\*If deposit has been paid, then the deposit must be deducted from the total final payment.

\* If you have a LOC agreement, then you must respect the modalities



agreed.

- \*All bank charges (for both deposit and balance) are to be met by the participating delegations.
- \*All payments must come in one single transfer by the legitimate school sport entity. Only one proof of payment shall be issued.

#### 4. Insurance

Each delegation is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

#### 5. Deadlines

- Registration Phase 1 and 2: closed on 07th april
- Registration phase 3: close on 24<sup>th</sup> may

#### 6. Accreditation Procedure

Accreditation will occur on Monday 03<sup>rd</sup> June, all day at the Germaine TILLION High-School in Castelnaudary, apart from during the Opening ceremony at 20:00. Accreditation may also be done Tuesday morning early if a delegation has not been able to be accredited the day before. Transportation for each delegation from the official port of entry, Toulouse Airport, to the accreditation center will be guaranteed by the LOC.

At the accreditation, the LOC will proceed to check the following documents:

- Finances: proof of payment of the balance including any bank charges and if not sent to the LOC before, the payment overview. To help the Local Organizing Committee to process your payment correctly please complete the form 'payment overview' in attachment and send it to the LOC by e-mail when you pay the balance.
- The official form signed by the School Headmaster and the legal School Sport Entity, confirming that all players are full time students at the school, since the beginning of the school year.
- The document certifying that the delegation is covered by an insurance that at least covers civil liability, material damage and medical costs.
- The passport (or identity card) bearing family name, first name, photograph, nationality and date of birth for each member of the delegation. Printed copy of the document is accepted by LOC.
- The anti-doping consent forms (downloadable from ERAS after completion of registration phase 3)
- The use of image consent forms (downloadable from ERAS after completion of registration phase 3)



When checking is finished all participants will receive the accreditation cards.

Head of Delegation is in charge of completing accreditation. The HOD may be assisted by another adult of the delegation.

#### **LOGISTICS**

# 1. Arrival & Departure

We invite all delegations to arrive as soon as possible on May  $3^{rd}$ , (when not the day before in the case of delegations traveling more than 5000 km), in order to be able to attend the opening ceremony on June  $3^{rd}$ , starting with a walk through Castelnaudary with all delegations at 19:00 and the indoor ceremony at 20:00.

Delegations will be greeted by members of the LOC, upon arrival to the Toulouse airport. Delegations will then be transported by bus to the accreditation center in Germaine TILLION high school, Castelnaudary.

When arriving somewhere else than the Toulouse airport, delegations must take care of their own transportation to Germaine TILLION high school.

All delegations' members must bring their bike with them.

When the distance between the *host city* and the capital of a participating country on another continent exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier or leaving one day later at the normal daily fee  $(50 \, \text{\ensuremath{\in}})$ .

If delegations must stay longer, they will be hosted at Hôtel du Canal and Hôtel du centre.

#### 2. General Schedule

3/06/2019	Day 1	Arrival of Delegations All day Accreditation process 20:00 Opening ceremony*		
04/06/2019	Day 2	Introductory briefing Training day Briefing for the individual competition Head of Delegation Meeting		
05/06/2019	Day 3	Individual competition day Briefing for the team competition ISF foundation reception for Head of Delegation (Gala Dinner)		
06/06/2019	Day 4	Team competition day Nations Night		



07/06/2019		Cultural day in Carcassonne Award and Closing Ceremony	
08/06/2019	Day 6	Departure of Delegations	

<sup>\*</sup>We ask all delegations to arrive in time in order to attend the opening ceremony on June 3<sup>rd</sup>, starting with a walk through Castelnaudary with all delegations at 19:00 and the indoor ceremony at 20:00.

#### 3. Transport Network

Accommodation, food service and briefings will take place in Germaine TILLION high school. The transportation from the high school to competition venue will be done by bus or competition bike (1.5 kms). Athletes are invited to ride their competition bike to the competition venue start, whilst HOD, Coaches and additional adults will be able to take buses to the competition venue.

#### 4. Accommodation

Participants, coaches and teachers will be staying at the Germaine TILLION boarding school which is on the high school campus. There will be 2 persons per room with single beds. In addition, there's a big meeting room in the boarding school.

Heads of Delegations will be staying at Hôtel du Canal.

Parents/spectators can find accommodation at these suggested locations. They are invited to contact these hotels and reserve themselves at the normal hotel rate.

Hôtel du Centre 31, Cours de la République 11400 Castelnaudary

Hôtel Ibis 400, avenue Gérard Rouvière 11400 Castelnaudary

#### **NON-SPORT ACTIVITIES**

#### **Opening Ceremony**

The Opening Ceremony will be on Monday 3 June and will occur both outdoors and indoors. The outdoor portion of the ceremony will start at 19:00 with a complete delegation walk through the streets of Castelnaudary with a local music band until reaching the Halle aux Grains.



Inside Halle aux Grains (20h00): A designated flag bearer per delegation will be presented, whilst the rest of the delegation will watch and listen to the speeches and remainder of ceremony.

After the indoor portion of the ceremony there will be a press conference and diplomatic reception will be held for officials. Finally there will be buffet organized for all participants, courtesy of the regional administration.

#### **Charity Gala Dinner**

During the Charity Gala Dinner, Heads of delegations and adults that wish to participate are invited to join for a fee of 50 euros per person, which will go to the ISF School Sport Foundation.

This dinner will be organized at the Foreign Légion Castel in Castelnaudary on the 5 june at 07pm.

#### **The Nations Night**

Delegations are invited to take part in an activity named "Nations Night" organised with the aim of encouraging exchanges between the different cultures of participating countries.

The Nations Night will take place on 6 June in the Germaine Tillion high school dining hall at 7 pm. There will be the possibility to try regional gastronomical specialties, such as the Cassoulet. Goodies will be distributed and delegations will be able to experience other countries' stands as well as the Aude and Castelnaudary stands.

The participants are invited to introduce and to promote their countries and their culture in an original way. Each delegation is to organise a stand that promotes their country's specialties in terms of art crafts, visual materials, food, drinks (no alcohol), pins, leaflet, etc.

In addition, each delegation shall introduce a facet of its country's culture on stage (with dance, songs, sketches, video, etc.) – maximum 4 minutes. The videos, music, CD USB sticks should be handed to the LOC during accreditation.

To finish there will be a local musical representation.

#### The Cultural moment

The Cultural activity will take place on Friday 7 June, with an afternoon outing in the Cité de Carcassonne, a medieval citadel. Shopping activities during this time will be possible.

# **The Closing Ceremony**

The Closing Ceremony will take place on Friday 7 June.

Delegations will have transportation provided starting at 6:20 pm from the High-school accommodation to the Halle aux Grains venue.

The awarding ceremony will contain individual prize giving, as well as the ISF Joy of Moving Trophy for Fair-play. This award will be awarded to one delegation; voted on by each Head of Delegation. More information on this trophy will be provided during the Head of Delegation meeting.



At 8 pm a press conference and diplomatic reception will be held for officials. Finally there will be buffet organized for all participants, courtesy of the regional administration.

#### **SPORTS**

#### 1. Technical Details

#### **General Rules:**

The Local Organising Committee will be responsible for the running and control of the World Schools Championship.

The World Schools Championship is organised according to ISF rules and to current ITU rules. The ISF Rules for Triathlon can be found at this link

The Organising Committee will nominate a Control Commission, a Disciplinary Commission and an Appeal Jury.

#### **Event Disciplinary Commission:**

In accordance with the ISF General Competition Rules, the Disciplinary Commission will be composed of

- The ISF Delegate
- The President of the Local Organising Committee

The Disciplinary Commission will deal with all matters relating to discipline arising during the championship matches and also during the period of the Championship where the matters are not covered by technical regulations.

Issues related to discipline that cannot be solved by the Event Disciplinary Commission on the spot will be passed on to the Permanent ISF Disciplinary Commission.

It should be noted that where there is a sufficiently serious lack of respect for ISF rules, the Disciplinary Commission can disqualify participants, teams or delegations from the competition and ask them to return home before the conclusion of the event.

#### Appeal Jury

In accordance with the ISF General Competition Rules, the Appeal Jury will be composed of

- Representative of the Local Organising Committee
- A head referee/ Judge/ Official

The Appeal Jury will decide on all appeals concerning the results of the competition in the light of the rules of ITU and the rules of the ISF



Technical Triathlon. The Appeal Jury will not pronounce on disciplinary matters. Appeal Jury decisions are final and may not be appealed.

#### **Appeals**

Appeals against results or any other appeal not concerning disciplinary matters will be heard by the Appeal Jury.

The appeal must be lodged within 30 minutes of the incident and be written in English.

The sum of 50 EUR must accompany the appeal. This sum will be refunded only if the appeal is upheld or at the discretion of the Appeal Jury. If not, the sum will be donated to the School Sport Foundation.

- Referees: national UNSS triathlon committee and young referees
- Disciplinary Commission: ISF delegate and 2 LOC members
   Appeals commission or Jury obligations

#### Heads of the LOC:

- Stéphane ARIAS UNSS MONTPELLIER
- Arnaud FRAÏSSE AUDE COUNTY

#### **Sport committee:**

- Vincent BANET
- Jean Christophe COMBES
- Cédric DÉANAZ
- Jérôme PARIS
- Ludovic SERRET

#### Head of referees:

- Hugues SCHILDKNECHT

# 2. Competition System

#### The individual triathlon

- Course -

Swim: 600m (656,2 yard) Bike: 15 km (9,32 miles) Run: 4 km (2,48 miles)

# The relay triathlon, in teams

2 girls and 2 boys

— Course —

Swim: 300m (328,1 yard) Bike: 8km (4,97 miles) Run: 2km (1,24 miles)

The cycling segment will be done in an area closed off to public circulation, ensuring a great show and ambiance.



# 3. Sport Venue(s)

The competition will take place in following venue:

Name	Location
Squarre André Corre	Castelnaudary

Competing athletes will have the opportunity to ride by bicycle from their accommodation to the competition venue (1,5kms). Coaches having brought their bike can also join the athletes in the bike ride to the competition start. All other delegation members will have bus transportation, as well as any athlete not wishing to ride their bike to the competition .

# 4. Sport Equipment

Participants must bring their usual triathlon equipment including swimming wetsuit. All delegations must bring their bike(s) with them.

# 5. Sport Schedule

TUESDAY 04 <sup>th</sup> June 2019					
DAY BRIEFING	8:00 – 9:00				
SWIMMING TRAINING	10:00 16:00				
COURSE VISIT	10:00 - 16:00				
RACE BRIEFING	17:30 - 18:30				
WEDNESDAY 05 <sup>th</sup> June 2019 – INDIVIDUAL RACE					
	BOYS	GIRLS			
BIKE PARK OPENING	13:00				
CALL ZONE GATHERING	13:45 14:45				
STARTING LINE CALL	13:55	14:55			
START	14:00	15:00			
PROTOCOL	15 minutes after the	last participant finished			
THURSDAY 06 <sup>th</sup> June 2019 – RELAY RACE					
	RELAY 2001-2002	RELAY 2003-2004			
BIKE PARK OPENING	13h00				



CALL ZONE GATHERING	13:45	14:45
STARTING LINE CALL	13:55	14:55
START	14:00	15:00
PROTOCOL	15 minutes after the last team finished	

#### 6. Results

Results will be published after each races on the website, sport info desk, accomodation and competition venue.

#### 7. Sport Info Desk

A sport info desk will be available at the accommodation sites and at the competition venue.

#### **MEDICAL**

#### 1. Food & Beverage

Food will be supplied by the Germaine TILLION high school catering department. The food menu will be based on the necessary nutriments for athletes

Accredited persons will receive 3 meals per day:

- Breakfast
- Lunch
- Dinner

On competition days, there will be an early lunch for athletes and coaches to eat more than 3 hours before the competition starts.

There will also be food supplies planned after races on competition days.

All participants will receive water bottles which can be filled at all sites.

During opening and closing ceremonies there will be food buffets.

The LOC will accommodate to specific diet and food restrictions, which will be specified following Phase 3 registration for participants.

#### 2. Doping Control

Dope testing (for use of banned substances) can take place during the competition according to current ISF Anti-Doping Rules: http://isfsports.org/sites/default/files/isf-anti-doping-rules 0.pdf

If selected for testing a competitor may be accompanied by an adult. If a competitor is following a course of medical treatment which includes the



use of prohibited substances according to the current WADA prohibited list (2019 version: <a href="https://www.wada-">https://www.wada-</a>

ama.org/sites/default/files/wada 2019 english prohibited list.pdf) he or she must obtain from his/her National Anti-Doping Agency (NADO) a TUE (Therapeutic Use Exemption) that complies with the requirements of the International Standard and must inform the organisers immediately upon arrival.

#### 3. Hospitals

Medical care will be provided to all accredited persons. 8 physiotherapist students will be available at the competition venue to treat the athletes during the whole week.

There will be two cryotherapy machines available at the competition venue on the  $5^{th}$  and  $6^{th}$  June.

The official hospital and medical facility are the following:

- Centre Hospitalier Jean-Pierre Cassabel
   19, Avenue Mgr de Langle
   11400 Castelnaudary
- Caserne de pompiers
   2, Rue Arnaut-Vidal
   11400 Castelnaudary

#### MEDIA AND COMMUNCATION

The official website of the WSC can be found at this link: <a href="http://isf-wsc-triathlon.fr/">http://isf-wsc-triathlon.fr/</a>

Broadcasting will be done by the LOC for the following events:

# Social media guidelines Spread the word on ISF Triathlon World Schools Championship!



We would love for you to help us support the young athletes participating at ISF events.

- Follow the official Facebook page:
- www.facebook.com/ISFWSCtriathlon
- Use the official ISF hashtags: #ISFWSC2019
- Follow news on ISF's website: www.isfsports.org
- Submit content related to your event to ISF community manager: fonda.polona@gmail.com
- Share ISF content on your national federation's profiles

#### ISF global channels:

Twitter: @isfsports | #ISFWSC2019

Facebook: @isfsports | facebook.com/isfsports



Instagram: @isfsports | #ISFWSC2019

The LOC will be working with two local newspapers:

- La Dépêche
- L'indépendant

# **GENERAL INFORMATION**

#### General information on country

- Language: French

- Currency: Euro, credit cards are widely accepted

- Weather: Spring

Temperature: around 20°C

- Clothing recommendations: t-shirts, trousers, jacket for morning and night, sneakers
- Electrical socket: For France there are two associated plug types, types C and E. Plug type C is the plug which has two round pins and plug type E is the plug which has two round pins and a hole for the socket's male earthing pin
- Tap water is drinkable

# **MAP**

#### Google Maps Castelnaudary



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# Looking forward to meeting you in France in June 2019!

**ISF** sponsor



